

DEVOTIONAL

ROOTED

BUILDING UNSHAKEABLE FAITH

A 7-day devotional on deepening your foundation in God
when life feels uncertain.

Purpose⁺
OVER PRETTY

DIGGING DEEP

"As therefore you received Christ Jesus the Lord, walk in him, rooted and built up in him and established in the faith, even as you were taught, abounding in it in thanksgiving."

— Colossians 2:6-7

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The strength of a tree isn't in how tall it stands, it's in how deep it's rooted. When storms come, it's not the surface that holds it steady—it's what's beneath. The same is true for your faith.

Life will always have its share of uncertainty, unexpected news, hard seasons, and unanswered prayers. But your faith doesn't have to be tossed around every time something shifts. It can stay grounded—not in your strength, but in **His**.

It's important to remember, though: rooting your life in Christ doesn't mean everything becomes easy—it means you build on something that won't crack beneath you. When you stay close to Him, in your thoughts, your habits, and your priorities, you begin to **grow stronger in truth**. And that truth becomes an **anchor** when emotions and circumstances try to sweep you away.

This week is about digging deep. Not performing or pretending, just choosing to build your foundation on something that **lasts**.

REFLECTION QUESTIONS: _____

1. What parts of your life currently feel unstable or uncertain?
2. What does it mean to you to be "rooted" in Christ—fully, not just spiritually?
3. What's one small habit you can begin this week to start growing deeper roots?

FIRM FOUNDATION

"Everyone therefore who hears these words of mine and does them, I will liken him to a wise man who built his house on the rock."

— Matthew 7:24

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When everything feels like it's shifting, the question becomes: **What are you building your life on?** Jesus told a story about two builders—one who built on rock, and one who built on sand. Both faced storms. But only one stood firm.

Your foundation isn't just what you say you believe—it's what you turn to when things fall apart. Is it people's approval? Control? Comfort? Or is it **the unshakable truth of God's Word?**

Building on the Rock means **trusting God's words** more than your emotions. It means **returning to truth** even when it feels distant or confusing, and **letting His voice be louder than the chaos.**

It's not about being strong—it's about being **anchored**. God doesn't promise the storm won't come—He promises that through Him, you won't collapse when it does.

REFLECTION QUESTIONS: _____

1. What are you currently leaning on for stability?
2. Are there any "sand" foundations you need to let go of?
3. What does building on the Rock look like in your day-to-day life?

WHEN DOUBT CREEPS IN

"Immediately the father of the child cried out with tears, 'I believe. Help my unbelief!'"

— Mark 9:24

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Faith doesn't mean you never doubt, it means you **keep showing up** even when you do. God isn't threatened by your questions; and He's not disappointed when you wrestle. In fact, one of the most honest prayers in the Bible was: "I believe. Help my unbelief."

God would rather have your real questions than your fake confidence. When doubt creeps in, it's not a sign to run away, it's an invitation to **draw closer**. Ask Him to help you understand and strengthen your trust.

You're not a "bad Christian" because your faith wavers—that just means you're human. What matters most is what you do with the doubt. Will you let it distance you from God, or will you bring it to God?

You don't have to have rock-solid certainty to have real faith. You just need a heart that **keeps turning toward Him**, even with shaky confidence.

REFLECTION QUESTIONS: _____

1. What are some of the doubts or questions you've had about God or faith?
2. How does it feel to know God isn't angry with your questions?
3. What's one honest prayer you can offer God today about your faith?

STAYING CONNECTED

"Remain in me, and I in you... apart from me you can do nothing"

— John 15:4-5

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Jesus didn't say "visit me sometimes", He said **remain in Me**. Staying connected to God is more than believing He exists. It's choosing to stay close, to abide, and to let your life revolve around Him—not just include Him.

Think of your faith like a branch—it only bears fruit when it's attached to the vine. On its own, it withers, but when it remains connected it thrives. Your spiritual life works the same way!

That connection happens through prayer, Scripture, worship, and choosing Him in the little things. It's not about doing more—it's about being with Him and staying close to the One who nourishes your soul.

The world will always try to pull you away from that connection, but staying rooted in Christ is where your **strength and fruitfulness grow**. Stay close—He'll never leave you.

REFLECTION QUESTIONS: _____

1. What does "remaining in Christ" look like in your life right now?
2. What distractions tend to pull you away from staying spiritually connected?
3. How can you intentionally reconnect with God today?

STRENGTH IN THE STORM

"God is our refuge and strength, a very present help in trouble."

— Psalm 46:1

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Being rooted in God doesn't mean life stops being hard—it means you're no longer facing it alone. Storms will come, but when your strength is in **Him**, you're not left defenseless.

Psalm 46 says God is our refuge, our shelter, and our strength. Not just occasionally. Not just when we deserve it. **Always**. In every season, He is present. And **His presence is your anchor**.

Your emotions may still rise and your circumstances may still shake—but when your roots go deep into who God is, you won't be moved by every wind that blows your way.

Instead of asking, "How do I make the storm stop?", ask, "How do I stay grounded in God while it rages?" Because He may not calm every storm around you, but **He can calm the storm within you**.

REFLECTION QUESTIONS: _____

1. What storm or struggle are you currently walking through?
2. How has God shown up for you in hard seasons before?
3. What truth about God do you need to cling to in this storm?

WATERING YOUR ROOTS

"Blessed is the man who doesn't walk in the counsel of the wicked... his delight is in Yahweh's law... he will be like a tree planted by the streams of water"

— Psalm 1:1-3

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Strong roots don't just appear and thrive—they need to be nourished **daily**. Just like a tree by the stream, **your soul needs steady nourishment** to grow strong and unshakable.

That nourishment doesn't come from hype or hustle. It comes from time in God's presence, soaking in His Word, practicing gratitude, and surrounding yourself with people who encourage your growth.

You don't have to be perfect at any of this—you just need to **stay near the Source**. When you make space for God regularly, your faith won't dry up in drought. You'll still thrive when others fade. That's the **power of rootedness**.

The question isn't "am I doing enough?", it's "am I staying close to the stream?"

REFLECTION QUESTIONS: _____

1. What currently nourishes your spiritual life? What drains it?
2. What's one practice or habit you could add—or return to—that helps water your faith?
3. How can you create more consistent space for God's presence in your routine?

UNSHAKABLE

"that Christ may dwell in your hearts through faith... that you may be strengthened... and to know Christ's love which surpasses knowledge, that you may be filled with all the fullness of God"

— Ephesians 3:17-19

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God's love is the soil where your faith grows best.

The goal isn't to be impressive or flawless—the goal is to be **rooted**! Deeply, quietly, unshakably planted in the **love of God**.

When your roots go deep, you won't be tossed by every crisis or feeling, and you won't fall apart every time life surprises you. You may bend and you may break down, but you won't break away.

When you truly trust that He loves you—not for what you do, but for who you are—that's when you stop striving and start standing!

This week may be ending, but your growth isn't. Keep showing up. Keep staying close. You're not just surviving anymore.. you're becoming **UNSHAKABLE**.

REFLECTION QUESTIONS: _____

1. What's changed in your heart or perspective over the past 7 days?
2. Where have you seen God deepen your roots or strengthen your trust?
3. What's one truth or practice you want to carry forward from this devotional?