

# DEVOTIONAL

## GROUNDED BY HIS LOVE REAL FAITH FOR REAL LIFE

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A 7-day devotional for navigating real life with real faith.  
*Tired, imperfect, and still fully loved by God.*

Purpose<sup>†</sup>  
OVER PRETTY

# NO FILTERS, NO FANCY WORDS

*"Yahweh is near to those who have a broken heart, and saves those who have a crushed spirit.."*

— Psalm 34:18

DEVOTIONAL: \_\_\_\_\_

God's presence isn't reserved for the perfect and polished.

You don't need a filter, a glowing testimony, or perfect church attendance to be close to Him.

**He's near all of us**—even the ones who are barely holding on. The ones with unanswered prayers, anxious thoughts, and tear-stained pillows.

There's no pressure with Him—just permission. Permission to come as you are, be honest about what hurts, and to stop performing. God isn't interested in your perfection; **He's after your heart**.

It doesn't matter if you show up messy, tired, or skeptical. Just show up!

REFLECTION QUESTIONS: \_\_\_\_\_

1. What have you been believing disqualifies you from being close with God?
2. How would it feel to stop editing your emotions before bringing them to Him?
3. What does "coming as you are" look like for you today?

# GOD ISN'T MAD AT YOU

*"But you, Lord, are a merciful and gracious God, slow to anger, and abundant in loving kindness and truth.."*

— Psalm 86:15

DEVOTIONAL: \_\_\_\_\_

It's easy to internalize the idea that God's always disappointed; like He's standing in the corner of our lives with crossed arms, waiting for us to get it right. But that's not His heart. That's our own fear talking.

God is **not** mad at you. His posture isn't punishment—it's compassion. His love is **steady**, even when yours wavers. He's not tallying up your mess-ups—He's gently guiding you back into grace.

Whatever you're carrying, let this truth sink in: **You are not a failure to Him. You are—and will always be—deeply loved by Him.**

REFLECTION QUESTIONS: \_\_\_\_\_

1. What image do you picture when you think of God's face toward you?
2. Where have you been letting fear shape your relationship with Him?
3. How can you lean into His compassion today instead of hiding from Him?

# YOU'RE NOT TOO FAR GONE

*"For I am persuaded that neither death, nor life... nor any other created thing will be able to separate us from God's love which is in Christ Jesus our Lord."*

— Romans 8:38-39

DEVOTIONAL: \_\_\_\_\_

Shame has a way of whispering that you've gone too far, messed up too badly, or waited too long to turn around. But guess what: grace isn't intimidated by your past—it meets you in it!

You haven't outrun God's reach—in fact... you *can't* outrun God's reach! There's no version of you that He refuses to love. Nothing you've done or failed to do has made you "too far gone."

He already knows everything you've done—and despite it all—**He still chooses you!**

He will **always** choose you!

Today can be the start of something new—not because you've earned it—but because His mercy is **that good.**

REFLECTION QUESTIONS: \_\_\_\_\_

1. What area of your life feels too far gone for redemption?
2. How does Romans 8:38-39 challenge the voice of shame?
3. What step can you take today to receive His grace instead of avoiding it?

## EVEN WHEN YOU FEEL NUMB

*"For we walk by faith, not by sight."*

— 2 Corinthians 5:7

DEVOTIONAL: \_\_\_\_\_

Some days, faith feels like fire—other days, it might feel like fog.

If you've been going through the motions or feeling distant and disconnected, you're not broken... you're *human*. God's love doesn't vanish when your emotions do. His presence is **constant**—even when your passion isn't.

Faith isn't about how deeply you feel God, it's about continuing to walk with Him, even when you don't feel much at all. And that's not failure... **that's faith.**

Keep showing up. He's still with you!

REFLECTION QUESTIONS: \_\_\_\_\_

1. Do you sometimes equate numbness with distance from God? How does this verse remind you to stay faithful through life's dull moments?
2. What helps you stay grounded in truth even when feelings fade?
3. How can you show up for your faith today, even in a small way?

# MESSY ROOMS, HOLY GROUND

*"Don't you know that you are God's temple and that God's Spirit lives in you?"*

— 1 Corinthians 3:16

DEVOTIONAL: \_\_\_\_\_

It's tempting to believe that spiritual life only happens in "clean" places like church pews, quiet corners, or carefully highlighted Bibles. But the Spirit of God dwells **within you**. That means every space you step into becomes sacred—even the ones that feel like a wreck.

Your laundry room, your car, your dorm, your tears-on-the-floor... all holy ground.

You don't have to escape your real life to encounter God—He's already right there, in the middle of it. He isn't afraid of the mess. He isn't waiting for things to look better—He's **Present**, He's **Loving**, and He's **Near**.

REFLECTION QUESTIONS: \_\_\_\_\_

1. Have you been believing that God only moves in "spiritual" places? How can you shift this thought?
2. How can you start inviting Him into your everyday spaces?
3. What's one moment from today you can pause and see as holy?

# WHAT HAPPENS WHEN YOU MESS UP

*"Draw near to God, and he will draw near to you.."*

— James 4:8

DEVOTIONAL: \_\_\_\_\_

We tend to overcomplicate spiritual growth by thinking we need an hour of perfect silence or some emotionally moving prayer session to "really" connect with God.

But a relationship with Him doesn't require grand gestures. It starts with small, simple moments of **turning your heart toward Him**. A silent prayer in the car, a breath of gratitude, or a verse scribbled on a post-it all connect you to Him!

God isn't asking for performance. He's inviting you to **closeness**—and that starts right where you are!

REFLECTION QUESTIONS: \_\_\_\_\_

1. What expectations have you placed on what "real" faith should look like?
2. What small moment today could you offer to God intentionally?
3. What would it look like to focus more on connection than performance?

# GRACE OVER PERFORMANCE

*"For by grace you have been saved through faith, and that not of yourselves; it is the gift of God"*

— Ephesians 2:8

DEVOTIONAL: \_\_\_\_\_

We live in a world that values hustle, image, and effort. So it's easy to let that mindset slip into our relationship with God and think we have to earn His love, impress Him, or "do better" to be worthy.

But grace flips that script. You're not saved because you've *worked hard enough*. You're not loved because you've *done everything right*. You're His because **He chose you**, not because you performed well.

You're allowed to rest. You're allowed to need help. You're allowed to just be.

God's love is not a reward. It's a **gift**. Receive it fully!

REFLECTION QUESTIONS: \_\_\_\_\_

1. In what areas are you still trying to earn God's love or approval?
2. How does knowing His love is a gift shift your view of yourself?
3. What would it look like to rest in grace today, not earn it?