

JOURNALING

GRACE NOTES A JOURNAL OF GRATITUDE

These pages are for recognizing beauty in the ordinary and grace in the mess. Use them to practice gratitude and notice how God's kindness threads through your day.

Purpose[†]
OVER PRETTY

"In everything give thanks, for this is the will of God in Christ Jesus toward you."

— 1 Thessalonians 5:18

WHAT SIMPLE THINGS BROUGHT ME JOY TODAY?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings on the paper.

WHO OR WHAT HELPED ME FEEL LOVED?

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.

[illegible]

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Father, thank You for... _____

Open my eyes to... _____

Help me hold onto... _____

GRATITUDE GROWS JOY. KEEP LOOKING FOR THE LIGHT.