

JOURNALING

BEFORE THE DAY ENDS AN END-OF-DAY REFLECTION

End your day with intention. These pages help you release the weight of the day and invite God's peace as you rest.



"In peace I will both lay myself down and sleep, for you alone, Yahweh,
make me live in safety."

— Psalm 4:8

WHAT FROM TODAY DO I NEED TO RELEASE OR LAY DOWN?

[illegible]

WHERE DID I MISS GOD'S PRESENCE, AND HOW CAN I NOTICE MORE TOMORROW?

[illegible]

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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[illegible]

I give You my thoughts, my heart, and...

YOU ARE NOT ALONE. REST IN HIS PEACE TONIGHT.