

POCKET PRAYERS

GOD-MORNING MORNING MOMENTS WITH GOD

You don't have to pause your morning to be in God's presence. You can invite Him right into it! Pocket Prayers were created to help you turn your daily routine into a sacred rhythm of connection. Whether you're brushing your hair, brewing coffee, or heading out the door, choose one question from this list and carry it with you. Let it guide your thoughts, quiet your mind, and shift your focus from routine to relationship.

Open up by inviting God into your space and thanking Him for a new day. Choose one prompt and reflect on it as you move through your morning routine. End by asking God to guide your steps, steady your heart, and speak to you. Before closing your prayer, take a quiet moment to simply listen.



GRATITUDE & PRAISE

What's one thing you're grateful for before the day even begins?

What blessing have you been overlooking lately?

What can you thank God for that you once prayed for?

What's something you can praise God for right now, even if it's small?

How can you bring gratitude into even the mundane parts of your morning?

What's one moment from yesterday that you can thank God for today?

What are you thankful God protected you from yesterday?

What's something that made you smile recently that you can thank God for?

What are you most thankful for in this current season?

What do you need to thank God for—right here, right now?

How can you practice gratitude before you pick up your phone?

What is one answered prayer you don't want to take for granted?

How can you remind yourself of God's faithfulness through worship today?

Where have you seen God's goodness lately?

What's one thing about God's character you're grateful for this morning?

How can you use today to glorify Him through thankfulness?

How can you express gratitude to someone who's blessed you recently?

What part of creation can you thank God for noticing today?

What are you grateful for that money can't buy?

How can you start your morning by thanking God instead of worrying?

SURRENDER & TRUST

Where do you need peace today?

Is there an area of your life you need to release control over?

What fears or doubts are creeping into your morning thoughts?

Where do you need to trade worry for trust?

What would it look like to truly rest in God's promises today?

What's one fear you can hand over to God once and for all?

What distractions keep you from feeling close to Him in the morning?

What's one habit or thought you can surrender to God today?

How can you start your day with surrender instead of stress?

What's one thing you can release that's stealing your peace?

Where in your life do you need God's strength the most right now?

What are you trusting God to renew or restore in your life?

How can you let go of something that isn't serving your growth?

What situation do you need to stop trying to fix on your own?

How can you rest knowing God is already working on your behalf?

What worry can you replace with worship today?

What does it look like to let faith lead instead of fear?

How can you pause and let God realign your heart before the day begins?

What's one situation you need to fully place in God's hands?

How can you remind yourself that He's in control today?

PURPOSE & DIRECTION

What are you needing guidance with today?

What decisions are you facing that you need clarity on?

How can you align your priorities with God's will today?

What are you hoping to see God do in your life this week?

What does it mean to "seek first His kingdom" in your life today?

How can you honor God through your actions and choices today?

What's one thing that could make today a meaningful step toward your purpose?

Where do you sense God nudging you to take a step of faith?

How can you reflect Christ's love in how you speak today?

How can you bring God into your work or responsibilities today?

What does faithfulness look like in your life this morning?

What step of faith have you been afraid to take?

How can you serve others through your gifts today?

What does obedience look like for you today?

How can you make room for God's plans over your own?

What's one opportunity to show His love in your daily routine?

How can you create space to hear His direction clearly?

What's one dream you can hand over to God's timing?

How can you live with intentionality and grace today?

Where might God be calling you to grow right now?

CHARACTER & HEART POSTURE

Who can you pray for this morning besides yourself?

Is there someone you need to forgive before starting your day?

How can you extend grace instead of frustration?

What fruit of the Spirit do you want to reflect most today?

How can you speak words of life over yourself and others this morning?

Who might need to feel seen or encouraged by you today?

How can you practice humility in your words and actions?

What's one way you can love someone better today?

How can you reflect the light of Christ in how you treat others today?

Where can you show up with more patience today?

What do you need to ask forgiveness for today?

How can you let grace lead your words and actions?

How can you choose kindness over convenience today?

What can you do to spread encouragement in your circle today?

How can you be a reflection of God's compassion in your conversations?

What's one way you can keep your heart soft toward others today?

How can you stay grounded in peace when others are on edge?

What does it look like to walk humbly with God in your routine today?

How can you lead with love in even the smallest interactions?

What part of your character is God refining in this season?

PEACE & PRESENCE

How can you make space for stillness before the day begins?

What does peace look like for you this morning—and how can you let God define it?

What's one part of your routine you could turn into prayer time?

How can you be more mindful of God's presence in the ordinary?

What Scripture can you meditate on while you get ready?

What's one way to create a peaceful start to your morning, no matter the chaos?

How can you live today fully aware of God's presence?

What's one thing you can do to intentionally choose joy?

How can you invite the Holy Spirit to lead instead of your emotions?

What's one lie you need to replace with God's truth?

How can you quiet your mind to make space for His voice?

What can you do today to stay grounded in Scripture?

How can you use silence as a way to listen to God this morning?

What does rest look like for your soul right now?

How can you let joy—not anxiety—set the tone for your day?

What's one reminder of God's presence you can carry with you?

How can you start your morning by breathing in peace instead of pressure?

What's one reason you can smile today because of God's goodness?

How can you end your prayer time by simply sitting with Him?

How can you carry today's peace with you into every moment ahead?